**2019 Election Guide #VAVOTES4KIDS**

**Social Media Resources**

*Thank you for your interest in sharing resources from Voices for Virginia’s Children 2019 election guide on your organization’s social media or on your personal social media. We have provided content below that can also be used across all platforms.*

*These sample posts are intended to be pre-programmed into your social media platform, such as Hootsuite, Facebook, etc. They can be posted from now through the election. You may want to plan on one or two posts per week. You are welcome to add more information to the posts; we ask that you use the hashtag- #VAVotes4Kids. Please use our graphics to increase visibility.*

**Trauma-Informed VA**

1. 19% of VA’s Kids have experienced 2 or more Adverse Childhood Experiences but they can thrive. Learn more @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)
2. Adverse childhood experiences can change a child’s brain. Use your vote to help our children thrive @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)

**Early Childhood Education**

1. Young children need high quality childcare while parents work, but high quality care is often hard to find. Learn more @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)
2. Child care costs more than college tuition in Virginia. Learn more @vakids 2019 Election Guide #VaVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)

**Foster Care**

1. Black children and children of 2 or more races continue to be overrepresented in foster care. Learn more @Vakids 2019 Election Guide #VaVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)
2. Child welfare workers are expected to do too much and are paid too little. Visit @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)

**Mental Health**

1. VA trails nation in mental health access for children. Find out more in @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)
2. Mental health disorders can start early in childhood before the age 11. Learn more in @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)

**Family Economic Security**

1. Since the great recession 0f 2008, VA's rate of economically disadvantaged children has not changed. @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)

2. There are different starting points for opportunity for children of color. We need different policy solutions. @vakids 2019 Election Guide #VAVotes4Kids [vakids.org/elections](http://www.vakids.org/take-action/elections)

**General**

1. Find out how you can raise the voice of VA’s kids this election. Use @vakids 2019 Election Guide at [vakids.org/elections](http://www.vakids.org/take-action/elections) #VAVotes4Kids
2. When interacting with candidates, use our 2019 Election Guide Webinar for everything you need to know! View @Vakids 2019 Election Guide at [vakids.org/elections](http://www.vakids.org/take-action/elections) #VAVotes4Kids