

Join the Conversation!

Learning About Children's Mental Wellness

Tuckahoe PTA and Tuckahoe ES School Counseling Department are hosting
a program about Children's Mental Health.

Featuring:

Dr. Cheryl Al-Mateen, MD

Associate Professor Interim Medical Director -VTCC Education
Virginia Treatment Center for Children
VCU

Panel Discussion to Follow:

Dr. Cheryl Al-Mateen

Mark Loewen, LPC-Launchpad Counseling

Matt Bitsko, Ph. D

Licensed Clinical Psychologist, Health and Family Psychologists of Va.

Shirley Ramsey, M.A. Ed- Tuckahoe ES School Counselor

Michelle Johnston, M.A. Ed – Commonwealth Parenting.

Christina Vitek, - HCPS – Nationally Certified School Psychologist

We will have a resource fair in the foyer including organizations that support mental
wellness for children and families.

Date: Monday, March 7, 2016

Time: 7p.m. – 8:30p.m.

Location: Tuckahoe Elementary Auditorium
701 Forest Avenue
Henrico, VA 23229

RSVP: Shirley Ramsey (swramsey@henrico.k12.va.us)