



For Virginia's
Children

A photograph of a woman and a young girl running outdoors. The woman, wearing a bright pink jacket, is running behind the girl, smiling. The girl, wearing a tan jacket and blue jeans, is running towards the camera, also smiling. They are on a paved path with a blurred background.

THE STATE OF VIRGINIA'S CHILDREN: A DATA SNAPSHOT OF CHILDREN, YOUTH, AND FAMILIES

Voices for Virginia's Children

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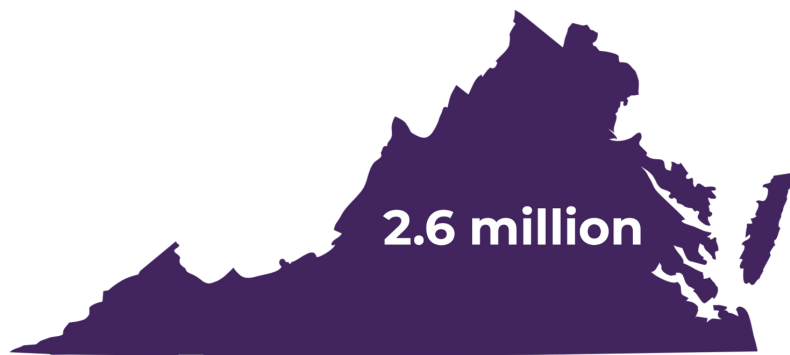
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DEMOGRAPHICS

An increasingly diverse population of children require equitable opportunities and solutions that target the unique needs and experiences for children of color, children in immigrant families, and children in under-resourced communities.

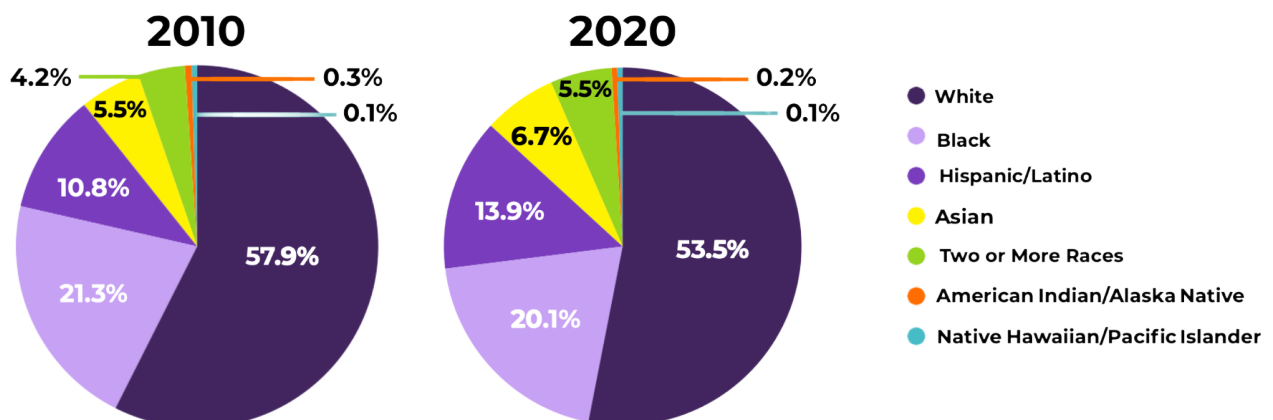
POPULATION

As of 2020, the number of children (0-17) and young adults (18-24) in Virginia is just above 2.6 million.



RACIAL DIVERSITY

Racial and ethnic diversity of children and youth have increased in Virginia.



Largest percent increases in the past 10 years:

32%
increase Two or More Races

29%
increase Hispanic/Latinx

23%
increase Asian

*All race/ethnic categories other than Hispanic are non-Hispanic

DEMOGRAPHICS

IMMIGRATION

The number of children in Virginia who are immigrants or live in an immigrant family has increased over the years.



1 in 4 children in Virginia are immigrants or live in an immigrant family

LANGUAGE ACCESS

1 in 5 children in Virginia speak a language other than English.



231,675 Virginia children speak a language other than English

Languages spoken most often by limited proficiency English speakers in VA include:

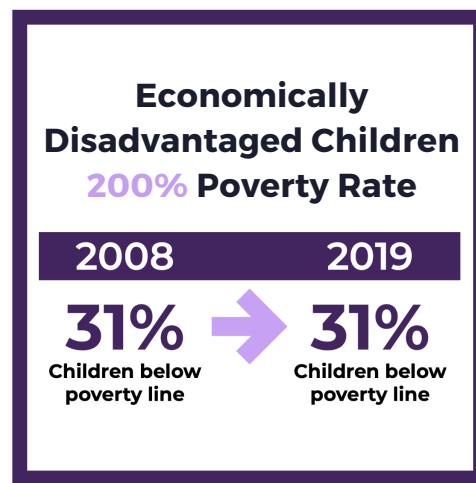
1. Spanish
2. Korean
3. Vietnamese
4. Chinese
5. Hindi
6. Arabic

ECONOMIC SECURITY

Too many children in Virginia live in families who struggle to meet their basic needs, such as food, housing, childcare, and healthcare. While access to healthcare has improved, especially for parents, Virginia has more to do to help families achieve economic security.

POVERTY

Poverty rates for Virginia's children have remained unchanged over the past decade.



POVERTY BY RACE

Black, Hispanic and multi-racial children are more likely to live in poverty.

Economic Disadvantage By Race

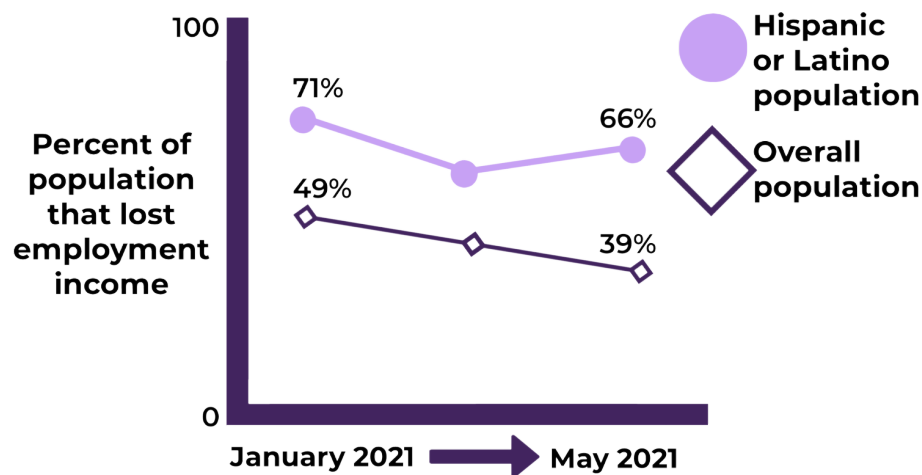
Black	50%	188,000 children
Hispanic or Latino	43%	110,000 children
Two or More Races	31%	45,000 children
White	21%	205,000 children
Asian	19%	21,000 children
American Indian/Alaska Native: Data not available		

*Data may not be available for all racial and ethnic groups.

ECONOMIC SECURITY

PANDEMIC EMPLOYMENT: FAMILIES

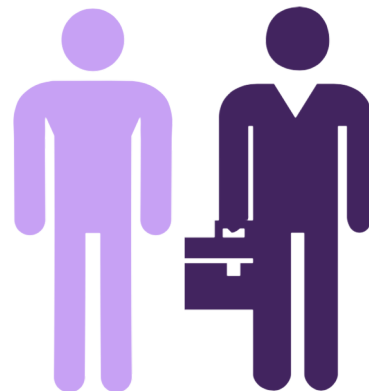
The pandemic has caused a loss of employment income for many Virginia families. Recent numbers show a recovery, but Hispanic/Latino families are being left behind.



PANDEMIC EMPLOYMENT: YOUNG ADULTS

Young adults (18-24) have experienced instability in employment during the pandemic.

1 in 2 young adults
in Virginia
are currently
unemployed

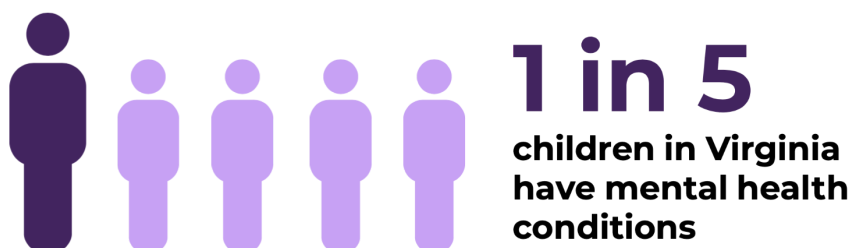


MENTAL HEALTH

An increasingly diverse population of children require equitable opportunities and solutions that target the unique needs and experiences for children of color, children in immigrant families, and children in under-resourced communities.

CHILD PREVALENCE

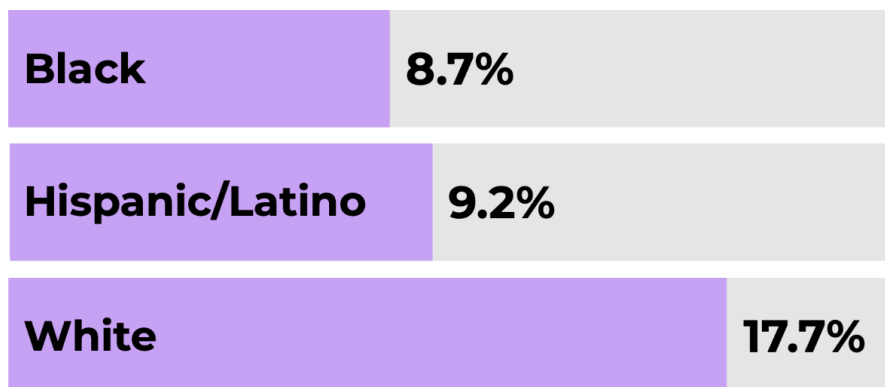
The most common mental health conditions for children are ADHD, behavior problems, anxiety, and depression.



RECEIVING CARE

Nationally, children of color are less likely to receive mental health care than white children.

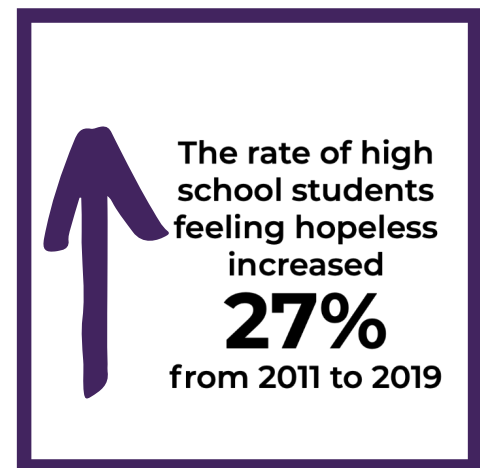
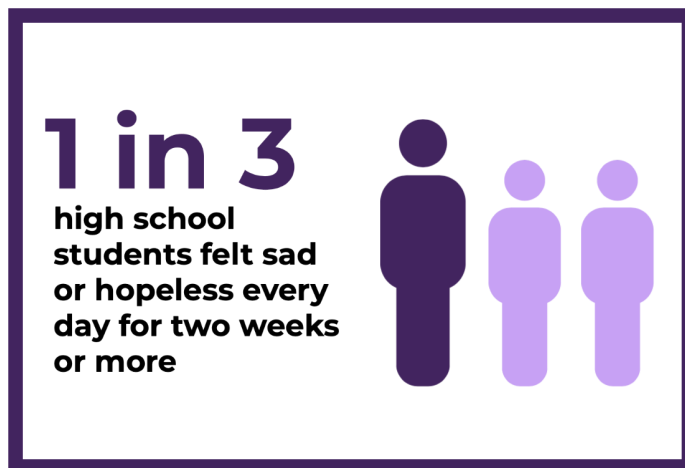
Mental Health Treatment in the Past 12 Months



MENTAL HEALTH

YOUTH MENTAL HEALTH

Before the pandemic, mental health concerns among high school students were gradually increasing.



PANDEMIC IMPACT

Parents and children experienced a decline in their mental health during the pandemic.

PERCENT MENTAL HEALTH WORSENE



of parents felt anxious during the pandemic



of parents report their children's mental health has worsened during the pandemic